



## PLAN 1 - WATER

- (12) Acupuncture (cupping, moxibustion) treatment (additional treatment \$50)
- (4) Seasonal wellness assessment
- (4) Seasonal wellness class per year (transferrable)
- (12) Castor oil pack, biomat, or sauna treatment (transferrable)
- 10% Seasonal discount on electronic pharmacy w/products & food suggestions
- Monthly ear seeds
- \$150 value gift card or pay it forward
- Annual in home kitchen cabinets evaluation
- Preferred scheduling
- 24/7 access to doctor via text or email

## PLAN 2 - WOOD

- (6) Acupuncture (cupping, moxibustion) treatment
- (4) Seasonal wellness assessment
- (2) Seasonal wellness class (transferrable)
- (4) Castor oil pack or biomat treatment
- 10% Seasonal discount on electronic pharmacy w/products & food suggestions
- Monthly ear seeds
- (2) 15 minute phone consult
- Return communication from doctor within 24 hours or 1 business day

## PLAN 3 - FIRE

- (4) Seasonal wellness assessment
- (2) Seasonal wellness class (transferrable)
- (4) Seasonal castor oil pack or biomat treatment OR (2) Acupuncture (cupping, moxibustion) treatment
- 10% Seasonal discount on electronic pharmacy w/products & food suggestions
- Annual in home kitchen cabinets evaluation
- Return communication from doctor within 24 hours or 1 business day

## PLAN 4 - EARTH

- Family plan
- (4) Adult seasonal wellness assessment
- (4) Pediatric seasonal wellness assessment
- (4) Seasonal wellness class
- (4) 15 minute phone consult (can upgrade to 30 min with or without labs)
- Return communication from doctor within 24 hours or 1 business day

## PLAN 5 - METAL

- (6) Acupuncture (cupping, moxibustion) treatment consecutive